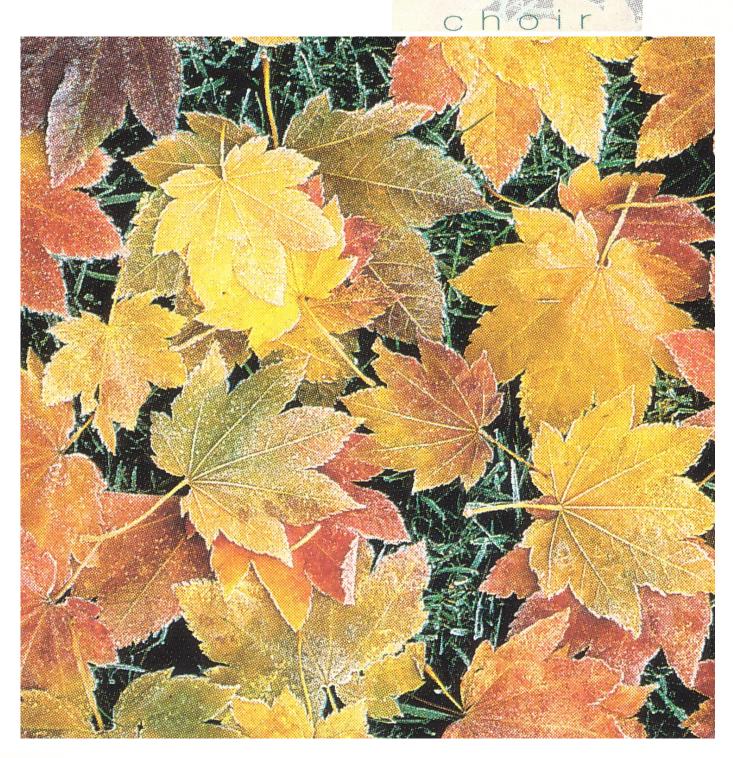
# elektra women's





This collection celebrates a wealth of outstanding choral repertoire for women from four areas of the world: Continental Europe, Canada, Britain and the Baltic Sea. Drawing its inspiration from nature, the church and folk traditions, the music is rich and varied. It is performed by Canada's premiere women's choir, Elektra, based in Vancouver, British Columbia.

## **From Continental Europe**

Medieval abbess Hildegard von Bingen was renowned in her day as a theologian and poet as well as a composer of religious monody. O *Vivens Fons* is from an extended work, the Ordo Virtutum (Rite of the Virtues).

The Four Sacred Choruses represent the last of Verdi's musical works. *Laudi Alla Vergine Maria* is the third chorus in this set of four glorious and timeless works. Using the text from the final canto in Dante's <u>Paradiso</u> and setting this Italian text for a cappella women's chorus, Verdi, in his inimitable harmonic voice, captures the beauty and purity of the virgin to whom the text is dedicated. *(publ. Edition Peters)* 

Maurice Durufle's liturgical motets are beloved staples of choral literature. *Tota Pulchra Es* is one of a set of four motets composed "on Gregorian themes." *(publ. Editions Durand)* 

## From Canada

In *Wind Song*, Richard Kidd (b.1954) weaves together eleven descriptive definitions of wind from various parts of the world. From the "faintest breath of air at dawn" to a "fierce squall," this three-part piece sets a variety of moods and rhythms. *(publ. Boosey & Hawkes)* 

Salve Regina, with its lush harmonic framework, was written by Canadian composer Ramona Luengen (b.1960) for Elektra's first concert in 1987. (publ. Cypress Publishing)

In the score of *Snowforms,* R. Murray Schafer (b. 1933) uses Inuit words and a graphic notation to suggest a continuous, subtle and ever-changing landscape of snow. The singer's task is to sing the shape of the snowforms using glissando, portamento and seamless unisons to give the listener a sense of the timelessness, majesty and awe one feels when seeing a never-ending horizon of snow. *(publ. Arcana Editions)* 

## **From Britain**

*Follow Me Down to Carlow,* a jaunty, spirited setting of an Irish folk tune, cleverly captures the joyous invitation for all to hurry to Carlow on this celebratory sunny wedding day. *(publ. G. Schirmer)* 

Ave Maria is one of Gustav Holst's most beloved works. This eight-part double choir motet perfectly illuminates the serenity and grace of its beautiful text. (publ. Galaxy Music)

England's John Tavener (b. 1944) is in the forefront of contemporary choral composition. *He Hath Entered the Heven* calls for a double choir with handbells. One choir sings the last recorded words of Lady Margaret Beaufort (1443-1509), while the second group sings part of the text of the sermon preached at her funeral. The latter group is led by a soprano soloist, with the remaining singers picking up passing notes of her chantlike melody and sustaining them throughout each phrase, creating a growing tonal cluster behind the solo line. *(publ. Chester Music)* 

## From the Baltic Sea

Jaakobin Pojat is a commanding composition for five-part women's choir. It alternates avant garde techniques such as sprechstimme, glissandos, tonal clusters, grunts, screams and reverberating echoes with lush lyrical harmonies and melodies to enumerate the twelve sons of Jacob. (*publ. Fazer Musik*)

Veljo Tormis' magical arrangement of the Estonian folk song *Lauliku Lapsepoli*, with its superimposition of harmonies, tonalities and occasional echoes of the melody, continues to charm audiences wherever and whenever Elektra sings.

Matti Hyökki (b.1946) is represented here with an imaginative pair of folksong arrangements,

On Suuri Sun Rantas Autius and Mina Olen Härmän Kankaanpäästä. Each captures something of the flair and virtuosity of Finland and its choirs. The first is a haunting tune that evokes the sense of peace and melancholy pervading the Finnish lake landscape. The second cleverly captures the mischievous humour that unites little rascals all over the world.

(publ. Fazer Musik)

# **Texts and Translations**

# **O Vivens Fons**

O vivens fons, quam magna est suavitas tua qui faciem historum in te non amisisti sed acute previdisti quomodo ejos de angelico casu abstraheres qui se aestimabant illud habere quod non licet sic stare.

Unde, gaude, filia Sion quia Deus tibi multos reddit quos serpens de te abscidere voluit, qui nunc in majori luce fulgent quam prius illorum causa fuisset.

## Laud! Alla Vergine Maria

Vergine madre, figlia del tuo Figlio, umile ed alta piu che creature, termine fisso d'eterno consiglio, tu se colei che l'humana natura nobilitasti si, che'l suo Fattore non disdegnò di farsi sua fattura.

Nel ventre tuo si raccese l'amore, per lo cui ca|do nell'eterna pace cosi è germinato questo fiore. Oui se a noi meridiana face di caritate, e giuso, in trai mortali, se' di speranza fontana vivace.

Donna, se' tanto grande et tanto vali, che qual vuol grazia, ed a te non ricorre sua disianza vuol volar senz 'ali. La tua benignita non pur soccorre a chi dimanda, ma molte fiate liberamente al dimandar precorre.

In te misericordia, in te pietate, in te magnificenza, in te s'aduna, quantunque in creatura e di bontate. Living fountain, how great is your sweetness: you did not reject the gaze of these upon youno, acutely you foresaw how you could avert them from a fall as of the angels, they who thought they possessed a power which cannot lawfully subsist like that.

Rejoice then, daughter of Jerusalem, for God is giving you back many whom the serpent wanted to sunder from you, who now gleam in greater brightness than would have been their lot before.

Virgin mother, daughter of thy Son, lowly and uplifted more than any creature, fixed goal of the eternal counsel, thou art she who didst human nature so ennoble that its own Maker scorned not to become its making.

In thy womb was lit again the love under whose warmth in the eternal peace this flower hath thus unfolded. Here art thou unto us the meridian torch of love and there below with mortals art a living spring of hope.

Lady, thou art so great and hast such worth that if there be who would have grace yet betaketh not himself to thee, his longing seeketh to fly without wings. Thy kindliness not only succoreth whoso requesteth,

but does oftentimes freely forerun request.

In thee is tenderness, in thee is pity, in thee munificence, in thee united whatever in created being is of excellence.

#### Tota Pulchra Es, Maria

Tota pulchra es, Maria, et macula originalis non est in te, Vestimentum tuum candidum quasi nix, et facies tua sicut sol. Tu gloria Jerusalem, tu laetitia Israel, tu honorificentia populi nostri.

#### Wind Song

aura (Greece) cacimbo (Angola) vento coado (Portugal) pampero (Argentina) minuano (Dzahni) dzahni (North Africa) kokaze (Japan) mbatis (Greece) soyo kaze (Japan) sz (China) zephiro (Italy)

#### Salve Regina

Salve Regina, mater misericordiae: Vita, dulcedo, et spes nostra, salve. Ad te clamamus, exules filii Evae. Ad te suspiramus, gementes et flentes, in hac lacrimarum Valle.

Eja ergo, Advocata nostra, illos tuos misericordes oculos ad nos converte. Et Jesum, benedictum fructum ventris tui, nobis post hoc exilium ostende. O clemens: O pia: O dulcis Virgo Maria.

#### Snowforms

apingaut mauyak qanit sitidlorak akelrorak pokaktok anio tiltuktortok aput Thou art all fair, O Mary, and the stain of original sin is not in thee. Your vestments are as white as snow, and your face is like the sun. Thou art the glory of Jerusalem, the joy of Israel, and the honour of our people.

faintest breath of air at sunrise cold wind from the southwest breeze fierce squall from the southwest chilly wind warm southerly wind light breeze light evening *breeze* very soft wind autumn breath of air moderate, warm breeze

Mary, we greet thee, Mother and Queen all merciful; our life, our sweetness and our hope we all hail to thee To thee we, exiled children of Eve, lift our crying To thee we send our sighs as, mourning and weeping we pass through this vale of sorrow.

Haste then, we pray, O, our intercessor, look with pity, with eyes of love compassionate, upon us sinners. And after, when this earthly exile shall be ended, show us the most blessed fruit of thy womb, thy Jesus. O clement, O loving, O most sweet Virgin Mary.

first snowfall soft snow falling snow hard snow newly drifted snow snow like salt snow melting into water snow beaten down snow spread out

#### Follow Me Down to Carlow

Follow me down to Carlow, lads! Come lasses, too, away we go! So limber and lightly, heel and toe, There's frolic and fun at Carlow! For striking is now the wedding hour, And yonder's a bride that's like a flow'r, The boy that has won her, all do know, Is stealing the Pride of Carlow!

Follow me down to Carlow town! Be leaving your work and toil behind, The cat'll be proud the house to mind, While ye are away at Carlow! Come Kitty, asthore, with eyes of blue, Come, Dennis and Meg and Pat and Sue; For never a one must fail, and so I'm bidding ye all to Carlowl

Follow me down to Carlow, then! The way winds round the green hillside, And thro' the lone lane where fairies hide, And over the moor to Carlow! Then hurry, good people, one and all, For sure ye can hear the music call; And limber and lightly, heel and toe, We'll go to the fun at Carlow!

Ave Maria

Ave Maria, gratia plena Dominus tecum. Benedicta tu in mulieribus et benedictus fructus ventris tui Jesus Sancta Maria, ora pro nobis. Amen. Hark, the bells they gaily ring, And finch and thrush and blackbird sing; For Love on this fair day is King! Och! Follow me down to Carlow!

See, the sun shines out so gay; "A wedding, sure!" I heard him say, "I'll send my beams to gild the day. " Och! Follow me down to Carlow!

Hark, the bells they gaily ring, And finch and thrush and blackbird sing; For Love on this fair day is King! Och! Follow me down to Carlow!

Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women and blessed be the fruit of thy womb, Jesus. Holy Mary, hear our prayer. Amen.

## He Hath Entered the Heven

O Blessyd Jhesu, helpe me! O Blessyd Lady, socoure me!

He hath entered the Heven to appeare before the visage of His Fader for us. To shew the wounds which he did suffer for the deliverance of us from sin. Therefore put we aside all wepynge and teeres, and be not sad, Ne hevy as men withoten hope, but rather be gladde and joyous, and eche of us herein comfort other, Always praysynge and magnyfyenge the name of our Lorde, to whom be Laude and honore enlessly. Amen.

#### Jaakobin Pojat (The Sons of Jacob)

Ruuben, Simeon, Leevi, Juuda, Daan, Naftal Gaad, Asser, Isaskar, Sebulon, Joosef ja Benjamin. Jaakobin poikia kaikki.

Reuben, Simeon, Levi, Judah, Dan, Naphtali, Gad, Asher, Issachar, Zebulun, Joseph and Benjamin. They are all sons of Jacob.

### Lauliku Lapol (The Bard's Childhood)

Kui ma ol'li väikokônô, al' leaa a'leaa kas'vi masis kaunikônô, ol'li üte üü vannu. pääle katô päävä vannu. Imä vei kiigu kesä pääle pan'de hällü palo pääle, pan'de par'dsi hällütämmä, Suvôlinnu liigutamma, par' dsil ol' le pal' lo sônnu, suvôlinnul liia' laalu. Par'ts sääl man mul pal'lo lauli suvôlindu liiast kônôli säält mina lat's sis laulu' ope ul'li kônô sôna osasi. ul'likônô so'na' osasi, kôik mina papôrine kôik mina raiô raamatune selle minol pal'lo sônnu, selle laajalt laaluviisi.

#### **On Suuri Sun Rantas Autius**

On suuri sun rantas autius, sitä sentään ikävöin: miten villi sorsan valitus soi kaisli kossa öin.

Joku yksinäinen eksynyt, joka vilua val keroi jok'on kaisli kossa kierrellyt eik' emoa löytää voi.

Sun harmajata aaltoas olen katsonut kyynelein, ens' surunsa itkenyt rannallas mun on oma nuoruutein.

On syvään sun kuvasi painunut la sitä ikävöin, olen villisorsaa kuunellut mä sielä monin öin.

Once I was just a little one, then I grew very nicely and I was one night old. After two days my mother took my cradle to a fallow field. She put the cradle on the field and set a duck in it to comfort me, and a summer bird to rock it. The duck had a lot of words, and the summer bird had much to say. The duck and the bird both sang to me a lot. There, as a child, I learned songs and many words. All of this I put on paper, all of it I etched into a book. From this book I have many words, from this book I have many songs.

How lonely are your shores And yet I still long for them. I long to hear again the wild duck's lament calling from the lake's rushes in the night.

A lonely, lost one who is cold calls out as he swims around and through the rushes as he searches for his mother.

Through my tears I have watched your grey waves. It was here, on your shore (as a young one) that I cried my first tears of sorrow.

Your image lies deep in my memory and increases my longing for your shores. I want to hear once again the wild duck's lament as I did so many nights long ago.

### Minä Olen Harman Kankaanpäästä

Minä olen Härmän Kankaanpäästä pikkunen ja häjy. Jala jallan jala jala vei vei vei, pikkunen ja häjy.

Aina mun ääneni ylitse kuuluu vaikei mua näjy. Jala...

Tämän kylän ämmät ne sanovat, Että minä olen suuri suinen. Jala...

Aina on muule piisannut, tuo lusikka yksipuinen. Jala...

Mammani mua tuuditti tuo lusikka yksipuinen. Jala...

Tämän kylän ämmvt ne sanovat, ettv minä olen yksin ruma. Jala...

Oh I hail from Kankaanpää in Härma And I'm short on size and temper. Jala jallan jala jala vei vei vei, Short on size and temper.

My voice it carries well enough, E'en thought ye might not see me. Jala...

The women round here, they will tell I'm a big-mouthed boy from Härmä. Jala...

But it's always been enough for me, A spoon of the standard measure. Jala...

My mother she bounced me on her knee And her time it was not wasted. Jala...

The women round here, they will tell That I'm an ugly scoundrel. Jala...



Elektra Women's Choir Morna Edmundson and Diane Loomer, co-directors

Elektra Women's Choir was founded by co-directors Morna Edmundson and Diane Loomer in 1987. The choir is known for its adventurous programming, seeking out music written specifically for women and frequently commissioning new works. The singers are selected by audition and share an enthusiasm for challenging repertoire. Elektra was awarded first prize for women's choirs in three consecutive rounds of the Canadian Broadcasting Corporation's amateur choir competition, as well as several prizes for performance of contemporary music. The choir is frequently heard on CBC radio across Canada.

*The Singers:* Liz Baker, Margaret Barry, Elizabeth Brodovitch, Nadine Bugden, Maggie Burr, Maureen Ciarniello, Annette Coffin, Brigid Coult, Marianne de Kleer, Susan Edwards, Karen Frazer, Audrey Fricker, Nola Gibson, Allison Girvan, Deborah Handley, Devon Hanley, Corlynn Hanney, Kim Hardy, Sandra Head, Janice Hill, Christina Jahn, Charlotte Kennedy, Shelley Koke, Wendy Klein, Catherine Lee, Denise 0'Brien, Susan Ohannesian, Leanne Patenaude, Barb Paul, Sandra Phillips, Elizabeth Rathbun, Lorraine Reinhardt, Mary Ridgley, Deirdre Rogers, Renée Roseland, Carmen Rosen, Elaine Smookler, Moyra Van Nus, Sandra Zink

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